



May 2017

Monday	Tuesday	Wednesday	Thursday	Friday
1 10:30 am: Coffee and Snack 11:15 am: Isometric Exercise Lunch: Hot Dogs 1:00 pm: "12 Angry Men (1957)"	2 10:30 am: Coffee and Snack 10:45 am: Aerobics 11:15 am: Nutrition w/ Janet Tenney Lunch: Shawarma	3 10:30 am: Coffee and Snack 11:15 am: Yoga Lunch: Crispy White Fish 1:00 pm: Arts and Crafts w/ Cheryl	4 10:30 am: Coffee and Snack 11:15 am: Strength Training Lunch: Salisbury Steak 1:00 pm: Individual computer, tablet and smartphone lessons. Please RSVP	5 10:30 am: Coffee and Snack 11:00 am: Entertainment with Ray Kahn Kabbalat Shabbat Lunch: Chicken Friccassee
8 10:30 am: Coffee and Snack 11:15 am: Isometric Exercise Lunch: Beef Stew 1:00 pm: "The Three Faces of Eve (1957)"	9 10:30 am: Coffee and Snack 10:45 am: Aerobics 11:15 am: Judaic Studies with Norman Shore Lunch: Baked Chicken	10 10:30 am: Coffee and Snack 11:15 am: Yoga Lunch: Veggie Quiche 1:00 pm: Town Hall Meeting	11 10:30 am: Coffee and Snack 11:15 am: Strength Training Lunch: Turkey Cutlets 1:00 pm: Cell Phone Photography with Kevin North 1:00 pm: IT	12 10:30 am: Coffee and Snack 11:00 am: Entertainment with Vladimir Friedman Kabbalat Shabbat Lunch: Teriyaki Salmon
15 10:30 am: Coffee and Snack 11:15 am: Isometric Exercise Lunch: Tuna/Egg Sald 1:00 pm: "Cat On A Hot Tin Roof (1958)"	16 10:30 am: Coffee and Snack 10:45 am: Aerobics 11:15 am: Judaic Studies with Norman Shore 11:15 am: Discussion TBA Lunch: Stuffed Bell Peppers	17 10:30 am: Coffee and Snack 11:15 am: Yoga Lunch: Beef Pot Roast 1:00 pm: Arts and Crafts w/ Cheryl	18 10:30 am: Coffee and Snack 11:15 am: Strength Training Lunch: Eggplant Parmesan 11:30pm: Gan Preschoolers 1:00 pm: Individual computer, tablet and smartphone lessons. Please RSVP	19 10:30 am: Coffee and Snack 11:00 am: Entertainment with Daryl Davis Kabbalat Shabbat Lunch: Honey Chicken
22 10:30 am: Coffee and Snack 11:15 am: Isometric Exercise Lunch: Chicken Marsala 1:00 pm: "The Young Lions (1958)"	23 10:30 am: Coffee and Snack 10:45 am: Aerobics 11:15 am: Judaic Studies with Norman Shore  Lunch: Meatloaf	24 10:30 am: Coffee and Snack 11:15 am: Yoga Lunch: Falafel 1:00 pm: Ice Cream Social	25 10:30 am: Coffee and Snack 11:15 am: Strength Training Lunch: Roast Turkey with Grvay 1:00 pm: Individual computer, tablet and smartphone lessons. Please RSVP 	26 10:30 am: Coffee and Snack 11:00 am: Entertainment with Ernie Tolley Kabbalat Shabbat Lunch: Baked Salmon
29 <p style="text-align: center;">Closed</p>	30 <p style="text-align: center;">Closed</p>	31 <p style="text-align: center;">Closed</p>	1 <p style="text-align: center;">Closed</p>	2 10:30 am: Coffee and Snack 11:00 am: Entertainment with Art Jacobson Kabbalat Shabbat Lunch: BBQ Chicken