


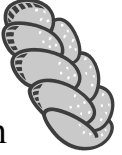







September 2017

Monday	Tuesday	Wednesday	Thursday	Friday
				1 10:30 am: Coffee and Snack 11:00 am: Entertainment with Ray Kahn Kabbalat Shabbat Lunch: Baked Salmon 
4 CLOSED	5 10:30 am: Coffee and Snack 10:45 am: Aerobics 11:15 am: Judaic Studies with Norman Shore Lunch: BBQ Chicken	6 10:30 am: Coffee and Snack  11:15 am: Yoga Lunch: Spaghetti and Meat Sauce 1:00 pm: Arts and Crafts w/ Cheryl	7 10:30 am: Coffee and Snack 11:15 am: Strength Training Lunch: Tuna/Egg Salad 1:00 pm: Individual computer, tablet and smartphone lessons. Please RSVP 	8 10:30 am: Coffee and Snack 11:00 am: Daryl Davis Entertainer Kabbalat Shabbat Lunch: Honey Chicken
11 10:30 am: Coffee and Snack 11:15 am: Isometric Exercise  Lunch: Turkey Cutlets 1:00 pm: "Legally Blond"	12 10:30 am: Coffee and Snack 10:45 am: Aerobics  Lunch: Crispy White Fish Nutrition with Janet Tenney 1:00 pm: Ice Cream Social	13 10:30 am: Coffee and Snack 11:15 am: Yoga Lunch: Hamburgers	14 10:30 am: Coffee and Snack 11:15 am: Strength Training Lunch: Teriyaki Salmon 1:00 pm: Individual computer, tablet and smartphone lessons. Please RSVP	15 Annual Rosh Hashanah Luncheon Music and discussion w/Rabbi Alexander  Traditional Holiday Foods Kabbalat Shabbat
18 CLOSED	19 CLOSED	20 CLOSED	21 CLOSED	22 CLOSED
25 CLOSED	26 CLOSED	27 CLOSED	28 CLOSED	29 CLOSED The Behrend-Adas Senior Fellowship Program will be closed until October 13th. We will re-open on Monday, October 16th.