






# June 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		Come on in out of the heat and enjoy the cool activities at Adas Senior Fellowship. Bring a friend or make new ones. We're all having fun at the fellowship	<b>1</b> <b>Closed</b>	<b>2</b> 10:30 am: Coffee and Snack 11:00 am: Entertainment with <b>Art Jacobson</b> <b>Kabbalat Shabbat</b> Lunch: BBQ Chicken
<b>5</b> 10:30 am: Coffee and Snack 11:15 am: Isometric Exercise Lunch: Hot Dogs 1:00 pm: <i>"San Francisco" (1936)</i>	<b>6</b> 10:30 am: Coffee and Snack 10:45 am: Aerobics 11:15 am: Judaic Studies with Norman Shore  Lunch: Chicken Salad	<b>7</b> 10:30 am: Coffee and Snack 11:15 am: Yoga Lunch: Crispy White Fish 1:00 pm: Arts and Crafts w/ Cheryl	<b>8</b> 10:30 am: Coffee and Snack 11:15 am: Strength Training Lunch: Turkey Cutlets 1:00 pm: Cell Phone Photography with Kevin North 1:00 pm: IT	<b>9</b> 10:30 am: Coffee and Snack 11:00 am: Entertainment with <b>Freddy Dunn</b> <b>Kabbalat Shabbat</b> Lunch: Teriyaki Salmon
<b>12</b> 10:30 am: Coffee and Snack 11:15 am: Isometric Exercise Lunch: Veggie Quiche 1:00 pm: <i>"The Lady Vanishes" (1938)</i>	<b>13</b> 10:30 am: Coffee and Snack 10:45 am: Aerobics 11:15 am: Discussion TBA Lunch: Salisbury Steak	<b>14</b> 10:30 am: Coffee and Snack 11:15 am: Yoga Lunch: Chicken Marsala 1:00 pm: Town Hall Meeting	<b>15</b> 10:30 am: Coffee and Snack 11:15 am: Strength Training Lunch: Tuna/Egg Salad 1:00 pm: Individual computer, tablet and smartphone lessons. Please RSVP	<b>16</b> 10:30 am: Coffee and Snack 11:00 am: Entertainment with <b>Jesse Palidofsky</b>  <b>Kabbalat Shabbat</b> Lunch: Baked Chicken
<b>19</b> 10:30 am: Coffee and Snack 11:15 am: Isometric Exercise Lunch: Meatloaf 1:00 pm: <i>"Goodbye, Mister Chips"</i>	<b>20</b> 10:30 am: Coffee and Snack 10:45 am: Aerobics 11:15 am: Judaic Studies with Norman Shore Lunch: Roast Turkey w/ Gravy	<b>21</b> 10:30 am: Coffee and Snack 11:15 am: Yoga Lunch: Beef Pot Roast 1:00 pm: Arts and Crafts w/ Cheryl	<b>22</b> 10:30 am: Coffee and Snack 11:15 am: Strength Training 10 am– Noon: Cell phone Photography w/ Kevin North Lunch: Eggplant Parmesan 1:00 pm: Individual computer, tablet and smartphone lessons. Please RSVP 	<b>23</b> 10:30 am: Coffee and Snack 11:00 am: Entertainment with <b>Mark Saltman</b> <b>Kabbalat Shabbat</b> Lunch: Baked Salmon 
<b>26</b> 10:30 am: Coffee and Snack 11:15 am: Isometric Exercise Lunch: Stuffed Bell Peppers 1:00 pm: <i>"Withering Heights" (1939)</i>	<b>27</b> 10:30 am: Coffee and Snack 10:45 am: Aerobics 11:15 am: Nutrition w/ Janet Tenney Lunch: Tuna/Egg Salad Ice Cream Social	<b>28</b> <b>Meet at Theater J</b> <b>"Broken Glass"</b> Van leaves Adas at 11:00 am. Box lunches will be served. Please RSVP with Kim	<b>29</b> 10:30 am: Coffee and Snack 11:15 am: Strength Training Lunch: Baked Fish 1:00 pm: Individual computer, tablet and smartphone lessons. Please RSVP	<b>30</b> 10:30 am: Coffee and Snack 11:00 am: Entertainment with <b>Mark Owen Martin (Harp)</b> <b>Kabbalat Shabbat</b> Lunch: Honey Chicken